

# GAZETTE

Hedge End

Summer Edition 2015 | Issue 59

Find us on...



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## **Hedge End Town Councillors (email: [firstname.lastname@hedgeend-tc.gov.uk](mailto:firstname.lastname@hedgeend-tc.gov.uk))**

Freegrounds	Grange Park East	Grange Park West	St Johns	St Helens	Shamblehurst	Wildern
		Awaiting Image				
<b>Helen Corben</b> 01489 692406	<b>Ian Corben</b> 07561 343858	<b>Stephen Carr</b> 07811 452236	<b>Stephanie Arnold</b> 07713 131085	<b>Paul Carnell</b> 01489 785216	<b>Connor Burgess</b> 07468 288630	<b>Georgina Jenks</b> 07547 181003
Awaiting Image						
<b>Michael Lyons</b> 07460 359459	<b>Kevin Paddick</b> 07743 240258	<b>Cynthia Garton</b> 01489 797213	<b>Jerry Hall</b> 07762 612044	<b>Val Houghton</b> 01489 781392	<b>Keith House</b> 07768 357918	<b>John Jupe</b> 01489 780293
				Awaiting Image	Awaiting Image	
<b>Shankerlal Sthankiya</b> 01489 690139	<b>Derek Pretty</b> 01489 797213	<b>Bruce Tennent</b> 02380 470518	<b>Jane Welsh</b> 01489 784962	<b>Christopher Yates</b> 07881021165	<b>James Mitchell</b> 0800 316 3435	<b>Emma Norman</b> 01489 690456

**Chair: Emma Norman | Vice Chair: Paul Carnell**

# A Note From

## The Town Clerk's Desk

**Glorious sunshine, blue skies and another long bank holiday weekend to look forward to. The low hum of lawn mowers, the sweet smell of freshly cut grass, Wimbledon around the corner (Can Andy Murray make it two Wimbledon titles?) and thoughts turning to perhaps a well-deserved summer holiday break...**

Surely, it is part of the British way of life that while June, July and August are more often than not washed away in howling gale force 10 winds and torrential, monsoon status rain, we need only have to experience even the most modest rise in the temperature for longer than a day and, suddenly, everyone behaves as if we regularly live in the tropics. Hedge End suddenly becomes a sunshine paradise, with gardens populated by paddling pools, afternoon siestas and the air heavy with the aroma of barbecues.

The Summer season is most people's favourite, especially those people whose school terms have just come to an end for the gloriously stretching next six weeks, so full of possibilities and with good reason too. Summer is a time of exploration, though it is not necessary to travel very far to discover most. Summer is the healthiest time of year. People tend to eat less and more healthily than usual, take more exercise and have more time too. Rates of everything from heart disease to violent crime fall at this time of year. Summer's warmth, its light and its freedom make it the best and most celebratory – or the least miserable, if you still insist – of the seasons. In many ways, thanks to its festivals, sports and holiday opportunities, Summer has all the advantages that the other seasons lack.

Yet, summer sometimes surprisingly struggles to compete with the other seasons for its hold on the imagination. Winter often has greater drama than summer. Spring generates more optimism. Autumn lends itself more naturally to reflection on the passing of the years. It isn't true that summer lacks all drama, optimism or reflection. Few things are more overwhelming than a long summer's day. Nothing seems more timeless than the countryside

full of heat. The amount of reading that takes place in the Summer hardly implies that minds are duller at this time of year.

There is certainly no lack of things to undertake in Hedge End during the long summer holiday this year. Have a game of tennis on the newly refurbished tennis courts at Woodhouse Lane and



take advantage of having easy access to booking the tennis courts on-line by purchasing a family key fob for just £30.00 a year and play as many times as you like (subject to availability and certain restrictions). The ever popular paddling pool at the Recreation Ground offers the chance for your children to enjoy themselves whilst you can relax and enjoy refreshments at the paddling pool café.

Alternatively, go for a walk and enjoy the hidden delights Hedge End has to offer. I know you will be pleasantly surprised!

At the time of writing this editorial, the Eurovision Song Contest is about to start and I will be ensconced in front of the TV cheering on our UK entry!

I hope you have a great Summer and let's hope the weather obliges with the glorious sunshine and blue skies that I alluded to at the beginning of this editorial!

See you in the Autumn.

*Kevin*





# Community News

## Tree Warden's Report | New Music Makers

### TREE WARDEN'S REPORT

As I walk and drive around Hedge End, it is a joy to see that the colours on the trees and shrubs are so prominent. We were lucky this year, as we had so very few frosts which meant the camellia blossoms were not foreshortened as so often happens.

The magnolias in some of the gardens also fared well. I was treated to a grand display with the pink of the cherry trees on the sides of the roads and the fruit trees in people's gardens.

Due to the mild winter weather, there have been carpets of English bluebells. Unfortunately, in many areas around the country they are under threat from the Spanish variety of bluebell. In some places, hybrids are now being found.

The trees in and around Hedge End look healthy, although there are a couple under observation by the ground staff who check their condition from time to time.



The horse chestnut trees are now in bloom and showing their whitish blossoms. The wood is weak and not widely used, but its absorbent properties make it ideal for fruit racks and storage trays as it keeps the fruit dry and so, prevents rotting. As to the

wildlife value of the tree, its nuts provide food for deer and other mammals and its flowers provide pollen for insects. There are other varieties of horse chestnut tree, but they are not so common. The Ohio buckeye has a similar look and has pinkie red flowers and the Indian horse chestnut (Sydney Pearce) has blossoms that look half way between the other two and the leaves are longer and of a different shape.

**Andrew Jemmett**

### NEW MUSIC MAKERS CELEBRATE 10TH ANNIVERSARY OF YOU TUBE

The New Music Makers choir, based in Hedge End, don't do things by halves. Indeed, not only did they enter the Karl Jenkins worldwide 'Sing Motets' competition, but in May, they also recorded and uploaded their entry on the very day of the 10th anniversary of You Tube. Great fun was had by all during the videoing, plus the choir got to sing their favourite piece by Karl Jenkins, 'Cantate Domino'.

Such a global medium as You Tube enabled choirs from all over the world to enter the competition, which involved singing one of Karl Jenkins' motets and uploading it. The lucky winning choir will have a new piece of music written for them by Karl Jenkins and they will be taken to New York to perform it for the first time.

Anyone who loves singing can come along to the New Music Makers on a Thursday evening from 7.30pm to 10pm at the Methodist Church, St John's Road, Hedge End, to see what a sociable and enjoyable time we have and indeed join in with the singing. We attract singers from all over the south Hampshire region and have a good age mix throughout all sections of the choir. There is no need to be able to read music, as we use an online player facility which plays each part to be sung. New members can also be assured of friendly support by the choir. For more details, please contact the Membership Secretary on 07969321459 or contact us via our website:

[www.newmusicmakers.com](http://www.newmusicmakers.com)

To see the video, just enter the following on You Tube - **New Music Makers: Cantate Domino**  
**#SingMotets**





# Community News

## St Johns Church Wildlife Haven & Peace Garden

There is an almost secret place near the centre of Hedge End that most people probably don't even know exists. Many people will recognise St John's Church by its prominent spire, but if you go behind the church and down the hill, you come upon the Wildlife Haven and Peace Garden...

The Wildlife Haven is a natural area of land which has been allowed to flourish with wildflowers, bird boxes, a wood pile for little creatures and a boardwalk along a small pond. There is also a rockery and a wildlife area.



The Natural Wildlife Haven & Boardwalk...

The Peace Garden is a quiet area where people who are troubled or bereaved can sit and find comfort among the lovely flowers.



Snowdrops

It all began in 2003, when expert advice and help was obtained from Eastleigh Borough Council and their Countryside Development Officer. They also provided a team of volunteers to get things started.

Since then, the Wildlife Haven and Peace Garden are both maintained by volunteers from Hedge End.



Bird boxes, wood piles & bug houses encourage wildlife...



Sit and find comfort within the Peace Garden

These are mainly from St John's Church, but Mrs Allison Neasom at Wildern School often brings along students to help out. Anyone and everyone is welcome, children are encouraged as a way of getting them to experience nature first-hand. We are always looking for an extra pair of hands to help out at one of our work days, held on occasional Saturdays from March through October, organised by Chris White, Wildlife Haven Co-ordinator (Phone: 01489 783204) who heads our committee and plans our activities.

If the garden is not your thing, but relaxing in a quiet, peaceful setting is, then by all means, visit. Most areas are easily accessible by wheelchairs, there is no gate or any barrier whatsoever. Take a book and sit on one of the benches, or just sit back and contemplate the dragonflies, bumblebees and butterflies.



Anyone and everyone is welcome...



Forget-Me-Nots



St John's Church, St John's Road, Hedge End, SO30 4AF



# Community News

## Hamble Valley Rotary Club AED Donation

**Hamble Valley Rotary Club have been involved in some heart-felt fund raising recently. Their chosen project has been to purchase and provide defibrillators in the local area for use in the event of a heart attack...**

The Christmas Carol float and other events organised by Hamble Valley Rotary Club, generated enough money to donate four Automated External Defibrillators (AED). They are now situated at :

- GRETA PARK, UPPER NORTHAM ROAD
- HEDGE END BOWLING CLUB, WOODHOUSE LANE
- CURDRIDGE READING ROOMS
- QE2 CENTRE AT MANOR FARM COUNTRY PARK

and all are ready to use 24/7.



**(L-R): Paramedic Steve Cartwright & First Responder Wheezy, with Jenny Schwausch, David Holt & Jonathon Appleby of Hamble Valley Rotary**

The defibrillator is designed to control heart fibrillation (regular rhythm). By application of the apparatus, an electric current restores regularity. The current is delivered through pads applied to the chest wall and the shock is delivered. Lay responders or bystanders are able to use defibrillators because the unit will talk you through the procedure.

In the event of a suspected heart attack, 999 should be dialled and the Emergency Services will direct the first aider or relative to the nearest AED unit and stay on the phone to guide you through the procedure, at the same time as directing an

ambulance to the scene. Full details of how to use the AED appears in this edition of the Gazette (over leaf). **Please pull it out and keep it somewhere prominent as these units have been known to save lives.**



**AED Installation at Greta Park**

Rotary are dedicated to helping people and charities both at home and abroad. As well as fund raising, there are plenty of social events and fun to be had working together for the benefit of others. If you feel you could use your talents to further the aims of this international organisation and would like to learn more, please contact David Holt on 01489 782016.

**Jenny Schwausch - Community Chair  
Hamble Valley Rotary**

### HEDGE END TOWN COUNCIL AED INSTALLATIONS

**Hedge End Town Council has also installed an AED at 2000 Centre, St Johns Rd, Hedge End, SO30 4AF. Future plans include two further AED installations, in partnership with Eastleigh Borough Council, at Norman Rodaway Pavilion, Heath House Lane and the Drummond Community Centre, Drummond Road.**



**2000 Centre AED**

**LIFE SAVING EMERGENCY EQUIPMENT**



Lift the switch cover and set the adult/child selection switch to match the casualty. If the casualty is a child, there is no need to use different electrode pads.

If it is suspected the casualty is a child aged between 1 and 8 years old, the dual adult/child pads can be used with the switch selection set to the child mode.



Press the green on/off button. The voice prompts will start. Follow all the voice prompts.

This will commence with a beep, followed by:

1. "Call Emergency Medical Services now".
2. "Plug the pads connector in to the device" (pads are usually pre-connected so may not be heard)
3. "Adult mode" or "paediatric mode" (this is confirmation of switch selection)
4. "follow the voice prompts calmly"



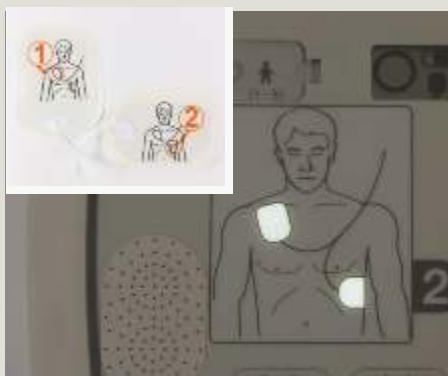
Use the AED starter kit to prepare the casualty.

Voice prompts continue:

5. "Remove all clothing from chest and stomach. Rip clothing if necessary"



Prepare the device:  
6. "Tear open the pads packaging"



Stick pads to casualty as illustrated on the pads. The visual indicator on the device will also light up to illustrate where to stick the pads.

Voice prompts continue:

7. "Look closely at the picture on each pad"
8. "Peel off the pad labelled '1' and stick to the bare skin of the patient, exactly as shown in the picture"
9. "Peel off the pad labelled '2' and stick to the bare skin of the patient, exactly as shown in the picture"



The device will light up to ensure no-one is touching the casualty. The iPad SP1 will analyse the casualty's heart rhythm and assess if a shock is necessary.

Voice prompts continue:

11. "Do not touch the patient"
12. "Analysing heart rhythm"





The device will announce whether or not a shock is advised. If shock is advised, there will be a continuous beep and the shock button will flash orange. Press the flashing orange shock button when prompted:

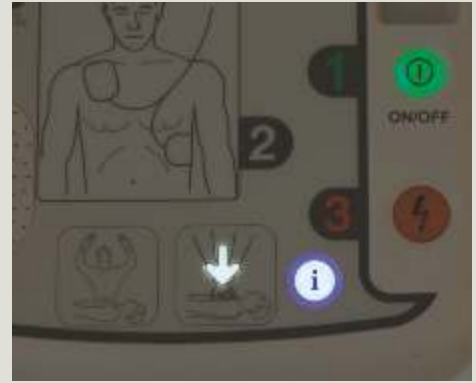
13. "shock advised, stand clear"
14. "press the orange button now"
15. "deliver shock now"
16. "shock delivered"



**If no shock is advised**, even if you press the orange shock button, there is no way the device can deliver a shock.

Voice prompt will say:

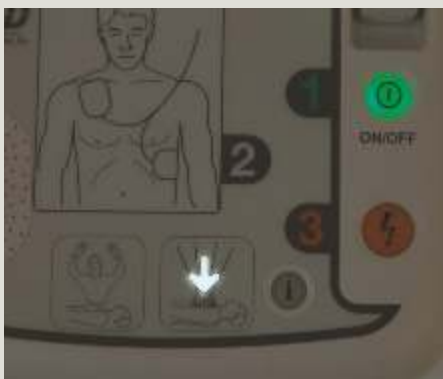
17. "no shock advised"
18. "be sure Emergency Medical Services have been called"
19. "you may touch the patient"
20. "begin CPR now"
21. "press the flashing blue i button for CPR voice prompt"



**If a shock has been delivered**, the i button will flash blue and can be pressed for CPR voice prompt.

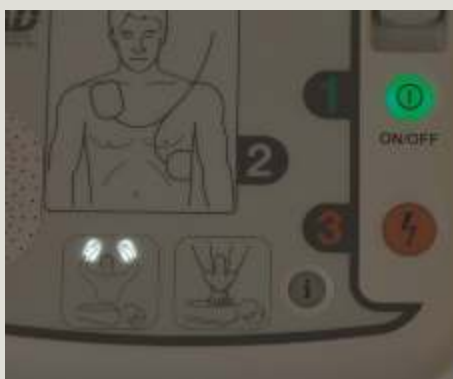
The voice prompt is set to guide CPR at a ratio of 30 chest compressions: 2 breaths for 2 minutes. The voice prompt is a beat sound and the word breathe:

22. "press the flashing blue i button for CPR voice prompt"
23. "beat" (30)
24. "breathe" (2)



If the flashing blue i button was not pressed, during the 2 minutes of CPR, the voice prompts will advise the time remaining until the heart rhythm of the casualty will be re-analysed:

25. "re-analysing heart rhythm in 2 minutes"
26. "re-analysing heart rhythm in 1 minute"
27. "re-analysing heart rhythm in 40 seconds"
28. "re-analysing heart rhythm in 20 seconds"



The device will then go through the same process to re-analyse the casualty's heart rhythm and advise if another shock is advisable or not.



Continue to follow the voice prompts until medical help

## AED In Use Quick Reference Guide Pull Out & Keep Version

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Wel Medical Ltd, Stableford House, Sebastopol Road, Aldershot,  
Hants, GU11 1SG | [www.welmedical.com](http://www.welmedical.com) | [info@welmedical.com](mailto:info@welmedical.com)



# A Day in the Life of...

## Rawlings Opticians, Hedge End

**Rawlings Opticians has been a well-respected and familiar sight in the centre of Hedge End for over 20 years. Rawlings have been successfully testing, correcting and improving the eyesight of Hedge End residents for so many years that we thought it only fair that we 'focused' on them for a change! We met with Simon Cabell, Optometrist at Rawlings to learn more about his work and his 'vision' for the future...**

### ***How has business been?***

We have always been a busy practice and recently has been no different. We have a lot of very loyal patients and pride ourselves on the high level of service that we provide.

### ***Can you give us an outline of your typical day at Rawlings?***

We routinely see about 14 people a day for appointments. This includes eye care for children and contact lenses, as well as routine eye examinations. We have a great team of Dispensing Opticians that specialise in all types of eyewear, including all the innovative lenses and sports eyewear that is available today.

### ***What is the most important thing you do each day?***

Each and every eye examination is important. In the half an hour appointment, I carefully examine the patients eyes to ensure that they are healthy, which includes screening for conditions such as glaucoma. I check that the muscles are working properly and determine any prescription requirements. Sometimes a visual field test is required to check the peripheral vision and a retinal photograph to get a more detailed look at the back of the eye.

### ***What should we be doing to take care of our eyes?***

Regular eye examinations really are the best thing with UV protection for your eyes all year round. We cannot always tell when our eyes get worse and need a little more help, especially for children. A varied diet with lots of fruit and vegetables also aids our eye health, as there are a lot of vital vitamins

that are proven to fight against diseases.

### ***Do activities such as watching TV, playing computer games, surfing the web really have an impact on our eye sight?***

These activities do not harm our eyes but the biggest impact on our vision is the effect of blue light that is emitted from any electronic screen. Blue light is a natural occurrence as it is present in daylight and helps us to stay awake, however over exposure can lead to eye strain, fatigue and sleeplessness due to its high intensity.

### ***Are there things we can do to help improve our eyesight?***

As well as regular eye care, it is also worth considering the options available on your eyewear. For instance, a well-fitting frame is important so that the optical centre of the lens is in the right position giving the optimum vision. There are also many different lens designs and coatings available to give the clearest vision. Plus do not forget the importance of protecting your eyes from UV damage, up to half a person's lifetime exposure to UV radiation can occur by the age of 18.

### ***How often should we have our eyes tested, as adults and children?***

A healthy adult should have their eyes tested every two years, once you are over 70 or have a family history of eye problems then normally it is an annual check. Children tend to range from six months to two years depending on their prescription and the rate of change that can be occurring.

### ***How much is an eye test?***

The cost of an eye examination can range, it is a commercial consideration based on the quality and qualification of the staff and how long the appointment lasts. At Rawlings, our private eye examination is £40.00 plus £10 for an optional



**Simon Cabell**

# Community News

## Round-Up

retinal photograph. We also offer NHS eye examinations.

### ***At what age do we need to start worrying about our eyes?***

It is recommended to get your eyes checked from as young as 3. Doing this can mean early detection of any prescription, especially important as children do not necessarily realise that their sight maybe poor. If you notice any behaviour like sitting close to the television or have any concerns, it is always best to get their eyes checked. Plus children get free eye examinations on the NHS.

### ***What are better, contact lenses or glasses? Can you get both at Rawlings?***

Yes, we can supply both. Contact lenses are a great option and are available to a vast amount of people. We have patients who wear contacts, as young as 8 years old right up to varifocal wearers who need help for long distance and reading. They can give more freedom than glasses, especially for sport, but socially too. Plus with technology improving all the time, they are the most comfortable they have ever been. And if you wondered, no, a contact lens cannot get lost behind your eye!

### ***What do you like doing when you are not at work? Do you live locally and what do you like about Hedge End?***

When I am not at work, I am a dad to my teenage son. I enjoy running and I have taken part in charity events such as the Southsea Great South Run. I also play and organise football matches most weeks. Most days I will also find time to practice guitar. I live locally and find Hedge End to be a friendly and vibrant town with a very good selection of local shops and services.

## **1ST HEDGE END BOYS' BRIGADE DUKE OF EDINBURGH'S AWARDS**

Congratulations to 1<sup>st</sup> Hedge End Boys' Brigade (Hedge End Methodist Church), who have again achieved some extraordinary accolades as part of their ongoing voluntary activities within the Duke



Of Edinburgh's Award programme.

Jack Lucas has achieved Gold Level by undertaking the following:

**Volunteering** – Youth work, BB Officer

**Skills** – Learning to drive and pass driving test.

**Physical** – Martial Arts, Tai Chi.

His Expedition was completed as part of the Company's group of 5 on Dartmoor.

**Residential** – Conservation work with Youth Hostel Association mending paths and building fences in the Brecon Beacons.

Jack will go to the St James Palace later in the year for the certificate presentation. The Gold is also recognised at a reception in Winchester Guildhall during the summer.

Callum and Aaron Plews have both achieved their Silver level with the following activities:

Callum – **Volunteering** - Helping people (gardening for the elderly). **Skills** - Music, playing piano.

**Physical** – Badminton

Aaron – **Volunteering** - Sports leadership, coaching under 7 and 11 football teams.

**Skills** - Cooking.

**Physical** – Team sports, playing football.

They both undertook their expedition in the New Forest.

Well done to Jack, Callum and Aaron and everyone else who took part!

**The 1st Hedge End Boys' Brigade welcomes applications from boys age 4 years and above.  
Phone: 01489 783779 for more details.**



# Carnival News

## Hedge End Carnival Committee Report

**The first Saturday in July means only one thing in Hedge End. It is time for the carnival, when the whole town comes together for its great festival of fun...**



At least that is the plan. What makes carnival so special is that you can take part and the more people who take part the better it gets. The Carnival Committee only make sure that the procession can take place and arrange for special attractions, such as bands and this year the **New Male Majorettes** are coming all the way from Devizes. The rest of it is over to you!

It is not difficult to take part. All you need is a costume and a smile and, if you get together with friends or family, it gets even more fun. Whether you stick to being a walking entry, or go the whole hog and make a decorated tableau on a lorry, you will have helped the people of Hedge End to have their best day of the year.

The theme is **"All Things Bright & Beautiful"** but it is optional. If you prefer to do something else, please do, after all it is your carnival. Entry forms are on the carnival website -



[www.hedgeendcarnival.org.uk](http://www.hedgeendcarnival.org.uk)

One of the purposes of your carnival is to raise money to support good causes in Hedge End. If you are not taking part, we ask that you give generously. The street collection often does not cover the cost of putting on the procession and having to cancel the Firework Fiesta last year means that the carnival coffers are already low.

Remember to come along to the **Gala Show** at Greta Park as well. The main attraction in the arena this year will be a **Falconry Display**. There is an admission charge of £1 per adult to cover costs.

In order for carnival day to run smoothly we require people to help and we always need more. **If you can possibly spare a couple of hours to help, please contact the Carnival Committee.** The tasks are not onerous and there is no long term commitment.

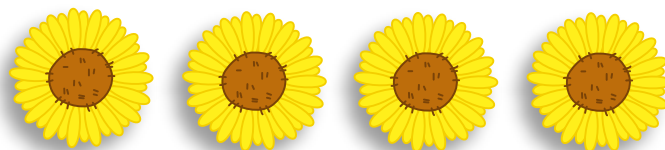
**The Carnival Committee organise a week of activities leading up to the big day -**

**Quiz** on Monday evening, 29 June. You must book in advance to avoid being turned away at the door because the "House Full" sign is a common sight at a carnival Quiz Night.

**Whist Drive** on Tuesday afternoon, 30 June. And on Tuesday evening a new event for you to enjoy... **Scavenger Hunt** - Starting from the village centre. We hope to see you there.

**Dog Show** - On Wednesday 1 July. Held at Greta Park. There are lots of classes to suit every sort of dog. The show schedule is on the carnival website. **Children's Sports** - at the same time and place as the Dog Show, the Children's Sports will be under way. These are totally free and there may even be some prizes.

**Bingo** - On Thursday 2 July the usual Bingo session at the Village Hall becomes Carnival Bingo.



We thank Botleigh Products for delivering the carnival programme to your home inside the Hedge End & Botley Courier and Richmond's Estate Agents for generously paying for the programme to be printed.

If you missed yours or just want to know more about the carnival and all the other events check out the carnival website - [www.hedgeendcarnival.org.uk](http://www.hedgeendcarnival.org.uk) you will find it now has a new look, courtesy of Crucial PC.

**Happy Carnival!**

**Carnavalesco**

Hedge End Carnival Saturday 4 July | Grand Procession 2.15pm | Fun Fair | Gala Show

**PLAY TENNIS**

# Annual Membership Scheme 2015

## Sign Up Today!

**HEDGE·END**  
TOWN COUNCIL

**Only £30  
Per  
Household**



Hedge End Town Council's  
**NEW KEY FOB SYSTEM**  
will allow families to play tennis for  
a whole year, for only £30 per household!  
Visit our website to complete an  
application form.

**[www.hedgeend-tc.gov.uk](http://www.hedgeend-tc.gov.uk)**

Call: 01489 780440  
email: [reception@hedgeend-tc.gov.uk](mailto:reception@hedgeend-tc.gov.uk)  
for more details...

**HEDGE END**



# Baby Talk

# WIN

An Annual Tennis Membership at Woodhouse Lane Leisure Park, for you & your family...

Following the much anticipated arrival of William and Kate's bouncing baby girl, Princess Charlotte Elizabeth Diana, we thought we would celebrate the momentous occasion by testing your general knowledge of all things baby!!

So, let's have some 'hush-a-bye' while you exercise your grey matter...but please don't 'throw your toys out of the pram' at some of these 'dummy' questions!



1. In the Royal line of succession, Princess Charlotte Elizabeth Diana is \_\_\_\_\_ in line to the throne?
2. Which female music group had a hit with 'Baby Love' in 1964? .....
3. Can you name the young cub prince, son of Mufasa, in Disney's 'The Lion King'? .....
4. Which biblical baby was set adrift on the River Nile in a basket? .....
5. 'Baby' was the nickname of the lead female character in which classic 1987 romantic movie, set in 60's America? .....
6. What is a baby horse called? .....
7. How many children did Queen Victoria and Prince Albert have? .....
8. The gestation period for a human baby is 9 months, but how long is an elephant's pregnancy? .....
9. 'Baby One More Time' was a worldwide number one hit single in 1998 for which female American singer? .....
10. We all know Henry VIII had six wives, but how many daughters did he have? .....
11. 'George Herman 'Babe' Ruth Jr was the renowned New Yorker, famous for playing which American sport? .....
12. 'Babe' the 1995 heart-warming children's movie, was the story of what type of animal's desire to become a sheep-dog? .....



**Drop Your Answers into our Postbox:**

Hedge End Town Council, 2000 Centre, St Johns Rd, Hedge End, SO30 0BT or email: [infoassistant@hedgeend-tc.gov.uk](mailto:infoassistant@hedgeend-tc.gov.uk)

Name: .....

Address: .....

Phone: .....

**Closing Date: Midday, Friday 31<sup>st</sup> July 2015**





# What's On Guide

<b>1ST HEDGE END BOYS' BRIGADE</b>	Methodist Church   Boys 6+   01489 783779
<b>1ST HEDGE END GIRLS' BRIGADE</b>	Methodist Church   Girls 4+   02380 696222   <a href="mailto:info@hedgeendgb.org.uk">info@hedgeendgb.org.uk</a>
<b>31ST ITCHEN NORTH (AMAZON) SEA SCOUTS</b>	Beavers, Cubs, Scouts, Explorers   07900 277379   <a href="http://amazonseascouts.org">amazonseascouts.org</a>
<b>ART &amp; CRAFT CLUB</b>	Tue 1.30-3.30pm   Village Hall   Outings   Demos   01489 798233
<b>BINGO</b>	Wed 1.30-3.30pm (Tickets 1.15pm) Drummond Centre   'Good Companions SC'   01489 789727
<b>BREATHE EASY HEDGE END</b>	Fri 2-3pm   Underhill Centre   COPD Sufferers Grp   02380 403339
<b>CALLIGRAPHY</b>	Wed 1.15-3.15pm   2000 Centre   Beginners welcome   email: <a href="mailto:mary.noble@btinternet.com">mary.noble@btinternet.com</a>
<b>CHEER-A-CALITY</b>	New Cheerleading squad   Wed   Sal'tion Army Community Centre   Ages 4-16   07736320103
<b>CRAFTY SATURDAYS</b>	Saturday Mornings   The d.art Centre   All ages & abilities   01489 779471
<b>DANCE JUNKIE</b>	Mon Eve   Dart Centre   Street Dance Classes   All ages & abilities   01489 779471
<b>FLOWER CLUB</b>	1st Tues, Monthly 7pm   2000 Centre   Demos   Workshops   01489 783115
<b>GIRL GUIDING</b>	Rainbows   Brownies   Guides - email the 'Join Us' Co-ordinator: <a href="mailto:guiding@hotmail.co.uk">guiding@hotmail.co.uk</a>
<b>GLEE CLUB</b>	Mon 7.15-8.45pm   Drummond Centre   Singers- All Ages & Abilities   07810 127351
<b>GOJU RYU KARATE</b>	Weekly classes   Village Hall   All Ages & Abilities   <a href="http://www.hsgk.co.uk">www.hsgk.co.uk</a>   01489 782038
<b>HAMBLE VALLEY U3A</b>	2nd Tues Monthly, 2pm   Hedge End Club   <a href="http://www.u3asites.org.uk/hamblevalley">www.u3asites.org.uk/hamblevalley</a>
<b>HAMBLE VALLEY BRASS</b>	Mon 7.45-9.20pm   Community Band   Dart Centre, Wildern Lane   07929 061068
<b>HEDGE END BOWLING CLUB</b>	Woodhouse Lane   New members always welcome   01489 783690
<b>HEDGE END BREAKFAST ROTARY CLUB</b>	Meets Tuesday   Botley Park Hotel   01489 690126
<b>HEDGE END CARNIVAL COMMITTEE</b>	Help always needed   <a href="mailto:info@hedgeendcarnival.org.uk">info@hedgeendcarnival.org.uk</a>   01489 785041
<b>HEDGE END INDOOR BOWLS CLUB</b>	Wed 2-4pm, 7.30-9.30pm   Sun 7.30-9.30pm   Village Hall   Join Us!
<b>HEDGE END JUNIOR CRICKET CLUB</b>	U16s   Girls & Boys   <a href="mailto:grahamelliott1@virginmedia.com">grahamelliott1@virginmedia.com</a>   07825 267698
<b>HEDGE END RANGERS FC</b>	League football for all ages   Girls & Boys   Rodaway Pavilion   07983 355449
<b>HORTICULTURAL SOCIETY</b>	3rd Mon, Monthly   2000 Centre   Gardening   Demos   01489 690481
<b>JAMZ DANCE</b>	Zumba, Street & Toddler Classes   Hedge End Club   <a href="http://www.jamzdance.co.uk">www.jamzdance.co.uk</a>   07929 095405
<b>MACULAR DISEASE SOCIETY</b>	Central Vision Loss Support   St Lukes Church   01264 321963
<b>NEW MUSIC MAKERS</b>	Thurs 7.30pm   Methodist Church   Light Music   Show songs   02380 454285
<b>OVER 60'S CLUB</b>	Mon 1pm-3.30pm   2000 Centre   New members welcome   01489 787408
<b>POP IN CAFE</b>	Wed 10.30am - 12noon   Methodist Church   Tea, Coffee, Chat & Booksale   Just pop in!
<b>PILATES</b>	Mon & Fri (Am), 2000 Centre   Fri (11am-12pm) HEYCA   All levels & abilities   07967 631739
<b>PERFORMING ARTS COMPANY (YOUTH)</b>	Youth Drama (14-30)   Sun & Mon   HEYCA   01489 690140
<b>PAULA'S ZUMBA   'FITSTEPS'</b>	Thurs 6.30pm (Fitsteps) 7.30pm( Zumba)   2000 Centre   07731320440
<b>RETIREMENT CLUB</b>	Tue 1.30 - 4pm   2000 Centre   Cards   Bingo   Outings   01489 783469
<b>SALLY JOHNSON DANCE ACADEMY</b>	Drummond Community Centre   Ballet, Tap, Modern   02380 255415
<b>ST JOHN AMBULANCE BADGERS</b>	Weds Eve   Salvation Army Cmty Centre, Dowds Farm   All ages   07827 883439
<b>ST JOHN'S CAFE</b>	1st & 3rd Friday, monthly, 10-12noon   Tea/Coffee/Cakes & Chat   01489 790048
<b>SERIOUS SHAPES DANCE COMPANY</b>	Thurs eve   Dart Centre   Adult Dance Classes   07851 285860
<b>STEADY &amp; STRONG CLASSES</b>	2000 Centre   Posture, Mobility & Confidence   01962 846605
<b>TAEKWONDO</b>	Mon Eve   Rodaway Pavilion   Families welcome   All ages & abilities   07801706188
<b>UECHI RYU KARATE</b>	Mon & Thurs 8pm   HEYCA   16+ All abilities   07970 684017   <a href="mailto:mail@uechi-ryu.org.uk">mail@uechi-ryu.org.uk</a>
<b>WELLSTEAD COMMUNITY CHOIR</b>	Mon Eve 7.30pm   Salvation Army Community Church   01489 798681
<b>WEST END CARNIVAL SHOW BAND</b>	Tue Eve   HE Village Hall   07851 013322   <a href="mailto:info@wecsband.co.uk">info@wecsband.co.uk</a>
<b>WEST END SINGERS</b>	Wed 7.30pm   2000 Centre   Mixed Voice Choir   02380 404881   <a href="http://www.westendsingers.co.uk">www.westendsingers.co.uk</a>
<b>WOMEN'S INSTITUTE</b>	4th Tues Monthly 7.30pm   2000 Centre   Crafts   Walking   01962 852721





# Local Services

## LOCAL SERVICES

The Berry Theatre , Wildern Lane	01489 799499
The Box (Youth Centre) , Wildern Lane	01489 789638
Citizens Advice Bureau (CAB), Salvation Army Community Church	02380 616046
Civic Amenity Site, Shamblehurst Lane	01489 780028
The D@rt Centre (Arts), Wildern Lane	01489 779471
Hampshire Constabulary, Hedge End Police Station, St Johns Road	08450 454545
Hedge End Library, Upper Northam Rd	0845 6035631
Post Office, Upper Northam Rd	01489 782066
Skyline Gold Radio 102.5FM, St John's Rd	01489 799000
TADIC (Teenage Drop-in), Lower Northam Rd	01489 782727
Tennis   Bowls   Putting Green, Pavilion Rd (Apr-Sep)	01489 780440
Wildern Leisure Centre, Wildern Lane	01489 787128

## SCHOOLS

Hampshire Education Authority	01962 869611
Berrywood Primary School, Maunsell Way	01489 780068
Freegrounds Infants School, Hobb Lane	01489 782075
Freegrounds Junior School, Hobb Lane	01489 782295
Kings Copse Primary School, Kings Copse Ave	01489 785040
Shamblehurst Primary School , Wildern Lane	01489 782342
Wellstead Primary School, Wellstead Way	01489 799351
Wildern Secondary School, Wildern Lane	01489 783473

## HEALTH

St Luke's Surgery, St Lukes Close	01489 783422
The Medical Centre, 24-26 Lower Northam Rd	01489 785722
Hedge End Dental Surgery (NHS), Saracen House, Freegrounds Avenue	01489 790661

## PLACES OF WORSHIP

Hedge End Baptist Church, Upper Northam Rd	01489 786260
Hedge End Methodist Church, St John's Rd	02380 739328
Hedge End United Reformed Church , St Johns Rd	01489 787408
Kings Community Church, Upper Northam Close	01489 784333
Our Lady of the Assumption, Freegrounds Rd	02380 449088
St John's The Evangelist Church, St Johns Rd	01489 790048
St Luke's Church, St Luke's Close	01489 781448
The Salvation Army Community Church, Wellstead Way	01489 798681

## COMMUNITY HALLS FOR HIRE

2000 Centre ( Large & Small Hall), St Johns Rd (HETC)	01489 780440
Baden Powell Lodge, Pavilion Road	01489 781838
Drummond Community Centre, Drummond Rd, Grange Park (HETC)	01489 780440
Norman Rodaway Pavilion, Heathhouse Lane ( HETC)	01489 780440
Turnpike Pavilion, Turnpike Way (HETC)	01489 780440
Hedge End Village Hall, St Johns Rd	01489 784962
Hedge End Youth & Community Association Halls (Old School House), St Johns Rd	01489 690140
Methodist Church Hall, St Johns Rd	02380 739328
Underhill Centre, St Johns Rd	01489 790048
United Reformed Church Hall, St Johns Rd	01489 787408

# Hedge End Town Council

## Contacts & Committees

**Hedge End Town Council**  
**2000 Centre**  
**St Johns Road**  
**Hedge End**  
**Southampton**  
**Hampshire**  
**SO30 4AF**

**Town Clerk: Kevin Glyn-Davies BA (Hons) PGDip**  
[townclerk@hedgeend-tc.gov.uk](mailto:townclerk@hedgeend-tc.gov.uk)  
**Deputy Town Clerk: Denise Lowth**  
[deputytc@hedgeend-tc.gov.uk](mailto:deputytc@hedgeend-tc.gov.uk)  
**General Email: [reception@hedgeend-tc.gov.uk](mailto:reception@hedgeend-tc.gov.uk)**  
**Phone: 01489 780440**  
**Fax: 01489 799984**  
**Website: [www.hedgeend-tc.gov.uk](http://www.hedgeend-tc.gov.uk)**

### Town Council Committee Meetings

**All committee meetings are held at the Town Council Office. All meetings are formal, yet friendly and members of the public are encouraged to attend and take part. All meetings begin promptly at 7pm with the exception of the third Wednesday Highways & Planning Meeting, which starts at 6.45pm followed by Full Council which starts at 7.30pm.**

**Recreation & Amenities - Second Wednesday monthly**  
**Finance & Administration - First Tuesday monthly**  
**Highways & Planning - First Wednesday & Third Wednesday monthly**  
**Full Council - Third Wednesday monthly**  
**Community and Culture - Second Tuesday monthly**

**(Please note that the Highways and Planning Committee meeting for the third Wednesday will determine planning applications only; followed by Full Council)**

2015	Community & Culture	Finance	Full Council	Highways & Planning	Recreation & Amenities
June	9	2	17	3 & 17	10
July	14	7	15	1 & 15	8
August	* Please note: No meetings held throughout August *				
September	8	1	16	2 & 16	9

**Deadline for contributions to the  
Autumn Gazette - 21 August 2015**